

LUXURY AND ABUNDANCE



WHAT WOULD AN ABUNDANT LIFE LOOK LIKE TO YOU? GET VERY SPECIFIC BUT REMEMBER TO REMAIN COMPLETELY AUTHENTIC. IF YOU WANT A WARDROBE FULL OF DESIGNER CLOTHES BUT YOU DON'T CARE WHAT YOUR APARTMENT/HOME LOOKS LIKE-SAY SO! THERE IS NO ROOM FOR JUDGEMENT IN WHAT YOU WANT



*IN WHAT WAYS
HAVE YOU BEEN
TOLD OR HAVE YOU
BELIEVED THAT
DESIRE FOR
MATERIAL THINGS
AND DESIRE FOR
ABUNDANCE/LUXU
RY IS INHERENTLY
BAD?

*WHAT DOES
LUXURY MEAN TO
YOU? ABUNDANCE?

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*DO YOU HAVE
LIMITING BELIEFS
SURROUNDING
DESERVING
ABUNDANCE AND
LUXURY?

*WHAT DO THOSE
BELIEFS LOOK LIKE?
HOW DO THEY
MANIFEST IN
YOUR ACTIONS?



*HOW CAN YOU
BEGIN TO
DISMANTLE YOUR
FEELINGS OF NOT
FEELING WORTHY OF
EVERYTHING IT IS
THAT YOU TRULY
AND FULLY DESIRE?

*ASK YOURSELF
THAT QUESTION.
GET QUIET. WAIT
FOR THE ANSWER.
EXPRESS IT HERE.